# Expanding the $Q-R$ space to three dimensions 

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(Received 31 May 2009; revised 3 September 2009; accepted 3 September 2009)
The two-dimensional space spanned by the velocity gradient invariants $Q$ and $R$ is expanded to three dimensions by the decomposition of $R$ into its strain production $-1 / 3 s_{i j} s_{j k} s_{k i}$ and enstrophy production $1 / 4 \omega_{i} \omega_{j} s_{i j}$ terms. The $\{Q ; R\}$ space is a planar projection of the new three-dimensional representation. In the $\{Q ;-s s s ; \omega \omega s\}$ space the Lagrangian evolution of the velocity gradient tensor $A_{i j}$ is studied via conditional mean trajectories (CMTs) as introduced by Martín et al. (Phys. Fluids, vol. 10, 1998, p. 2012). From an analysis of a numerical data set for isotropic turbulence of $R e_{\lambda} \sim 434$, taken from the Johns Hopkins University (JHU) turbulence database, we observe a pronounced cyclic evolution that is almost perpendicular to the $Q-R$ plane. The relatively weak cyclic evolution in the $Q-R$ space is thus only a projection of a much stronger cycle in the $\{Q ;-s s s ; \omega \omega s\}$ space. Further, we find that the restricted Euler (RE) dynamics are primarily counteracted by the deviatoric non-local part of the pressure Hessian and not by the viscous term. The contribution of the Laplacian of $A_{i j}$, on the other hand, seems the main responsible for intermittently alternating between low and high intensity $A_{i j}$ states.

Key words: dynamics, isotropic, theory

## 1. Introduction

The understanding of the small-scale structure of turbulence has been at the core of turbulence research for a few decades now (see, e.g. Tennekes \& Lumley 1972; Frisch 1995; Sreenivasan \& Antonia 1997; Tsinober 2001). It was natural to investigate the properties of the velocity gradient tensor $A_{i j}=\partial u_{i} / \partial x_{j}$ (e.g. Ashurst, Kerstein \& Kerr 1987; Lund \& Rogers 1994; Soria et al. 1994; Galanti \& Tsinober 2000; Kholmyansky, Tsinober \& Yorish 2001; Lüthi, Tsinober \& Kinzelbach 2005). Well known important properties of $A_{i j}$ are the predominant alignment of vorticity $\omega$ with the intermediate eigenvector $\lambda_{2}$ of the rate of strain tensor $s_{i j}=1 / 2\left(A_{i j}+A_{j i}\right)$ and the positiveness of the mean of the corresponding eigenvalue $\Lambda_{2}$. The evolution equations for enstrophy $\omega^{2}$ and strain $s^{2}$ read

$$
\begin{align*}
& \frac{\mathrm{D}}{\mathrm{D} t} \frac{\omega^{2}}{2}=\omega_{i} \omega_{j} s_{i j}+v \omega_{i} \nabla^{2} \omega_{i},  \tag{1.1}\\
& \frac{\mathrm{D}}{\mathrm{D} t} \frac{s^{2}}{2}=-s_{i j} s_{j k} s_{k i}-\frac{1}{4} \omega_{i} \omega_{j} s_{i j}-s_{i j} \frac{\partial^{2} p}{\partial x_{i} \partial x_{j}}+v s_{i j} \nabla^{2} s_{i j} . \tag{1.2}
\end{align*}
$$

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Figure 1. (a) Joint p.d.f. of $A_{i j}$ events in the invariant space $\{Q ; R\}$, plotted in $\log _{10}$ spaced contours. (b) Vector field and magnitude of the non-dimensional conditional mean rate of change, $\bar{v}_{Q, R}$, in the $\{Q ; R\}$ space.

Equations (1.1) and (1.2) indicate that along with $\omega^{2}$ and $s^{2}$, the third moments, enstrophy and strain production, $\omega_{i} \omega_{j} s_{i j}$ and $s_{i j} s_{j k} s_{k i}$, are among the key quantities of turbulence dynamics. They are responsible for the self-amplifying nature of $A_{i j}$, which is believed to be a universal feature, as is discussed in Tsinober (2001). Another important relation is the so-called Tennekes and Lumley balance (Tennekes \& Lumley 1972, p. 91) for statistically stationary turbulence $\left\langle\omega_{i} \omega_{j} s_{i j}\right\rangle=-\left\langle v \omega_{i} \nabla^{2} \omega_{i}\right\rangle$. It states that, at whatever high Reynolds number, the viscous and production terms of enstrophy are of equal importance. It is notable that even at low Reynolds number the integrals over the flow domain of the enstrophy production and of its viscous destruction are approximately balanced at any time moment, $\int \omega_{i} \omega_{j} s_{i j} \mathrm{~d} V \approx$ $-v \int \omega_{i} \nabla^{2} \omega_{i} \mathrm{~d} V$, as reported in Tsinober (2001).

It has proven to be a useful way to study some of the local flow properties in the so called $Q-R$ plane (e.g. Cantwell 1992; Martín, Dopazo \& Valiño 1998; Ooi et al. 1999; Chertkov, Pumir \& Shraiman 1999; Biferale et al. 2007; Chevillard et al. 2008). $Q$ is the second invariant, $Q=1 / 4\left(\omega^{2}-2 s^{2}\right)$, of the velocity gradient tensor $A_{i j}$ and $R$ is its third invariant, $R=-1 / 3 s_{i j} s_{j k} s_{k i}-1 / 4 \omega_{i} \omega_{j} s_{i j}$. In joint p.d.f. plots of $Q$ versus $R$ a qualitatively identical 'tear drop' shape (see figure $1 a$ ) for different kinds of turbulent flows was found by a number of investigators. Chacín \& Cantwell (2000) argue that the shape is a universal characteristic of the small-scale motions of turbulence. This statement is corroborated by a compilation of $Q-R$ plots of different flows (Tsinober 2001) and velocity gradient measurements at $R e_{\lambda}=6600$ (see Gulitski et al. 2007). The most characteristic feature is that in strain dominated regions the strain production term, $-s_{i j} s_{j k} s_{k i}$, is dominant over $\omega_{i} \omega_{j} s_{i j}$, resulting in the so-called Vieillefosse tail, (see Vieillefosse 1982).

Neglecting the non-local influence of pressure and viscosity $H_{i j}$, Cantwell (1992) derived the so-called restricted Euler (RE) solution for the evolution of $A_{i j}$ as $\mathrm{d} Q / \mathrm{d} t=-3 R$ and $\mathrm{d} R / \mathrm{d} t=-2 / 3 Q^{2}$. In Chacín \& Cantwell (2000) the analysis is extended to studying and modelling the term $H_{i j}$. The same authors employed the $Q-R$ framework to investigate flow structures of turbulent boundary layers (Chacín \& Cantwell 2000). A central finding was that the discriminant, $D=27 / 4 \cdot R^{2}+Q^{3}$, of $A_{i j}$ separates sweeps and strong dissipative events $D<0$ from ejections $D>0$. They concluded that additional insight into turbulent motions can be gained by studying the Lagrangian evolution of $A_{i j}$ in the $Q-R$ plane. Martín et al. (1998) and Ooi et al. (1999) identified a mean clockwise evolution of trajectories in the $Q-R$ plane. Several studies aimed at comprehending and modelling this mean evolution (e.g. Chertkov et al. 1999; Jeong \& Girimaji 2003; Chevillard et al. 2008). The 'fluid deformation'


Table 1. Parameters of the numerical JHU simulation.
closure for the deviatoric part of the pressure Hessian $H_{i j}^{P}$ introduced by Chevillard et al. (2008) works well in regions with $D<0$; however, in regions where $D>0$ some features are not accurately reproduced. Generally, when projected onto the $Q-R$ plane, the role of $H_{i j}^{P}$ remains somewhat unclear, for example, in the region where $D>0$ and $R>0$ the averaged influence of $H_{i j}^{P}$ is almost negligible.

In the present study the $\{Q ; R\}$ space is expanded to three dimensions, $\{Q ;-s s s ; \omega \omega s\}$. This new representation allows to shed more light on the dynamics of the velocity gradient tensor $A_{i j}$. Among other things, the role of $H_{i j}^{P}$ becomes much clearer. This paper is organized as follows. In § 2 the details of the numerical JHU data are outlined. In $\S 3 Q-R$ dynamics together with a definition for its variance of magnitude and direction are introduced. The evolution of $A_{i j}$ in $\{Q ;-s s s ; \omega \omega s\}$ space, with special attention to the deviatoric part of the pressure Hessian is presented in $\S 4$, which is followed by summary and conclusions in $\S 5$.

## 2. JHU data

For our analysis we have used the JHU turbulence database that is developed as an open resource by the Johns Hopkins University (see Li et al. 2008). The data is from a direct numerical simulation of forced isotropic turbulence on a $1024^{3}$ periodic grid, using a pseudospectral parallel code. The Taylor Reynolds number is $R e_{\lambda}=434$. Time integration of the viscous term is done analytically using an integrating factor. The other terms are integrated using a second-order Adams-Bashforth scheme and the nonlinear term is written in vorticity form, following Cao \& Chen (1999). The simulation is de-aliased using phase-shift and a $2 \sqrt{2} / 3$ truncation (see Patterson $\&$ Orszag 1971). Energy is injected by keeping constant the total energy in modes such that their wavenumber magnitude is less or equal to 2 . After the simulation has reached a statistical stationary state, 1024 frames of data, which includes the three components of the velocity vector and the pressure, are generated and ingested into the database. The duration of the stored data is about one large-eddy turnover time. For our analysis we have released $8 \times 10^{6}$ particles into the flow at $t=0$ and integrated their position in time using the Euler method with a time step of $\delta t=1 / 22 \tau_{\eta}$. At every new position the information of velocity, pressure Hessian and the Laplacian of $A_{i j}$ was stored. A summary of the flow parameters is given in table 1.

## 3. $Q-R$ dynamics and variance of evolution

Following Martín et al. (1998), we calculate the Lagrangian non-dimensional instantaneous rates of change $\boldsymbol{v}_{Q, R}$ as $\left\{\dot{Q}=D Q / D t \cdot \tau_{\eta}\left|Q, R ; \dot{R}=D R / D t \cdot \tau_{\eta}\right| Q, R\right\}$ as functions of the velocity gradient invariant variables $Q$ and $R$, and the corresponding conditional mean rates of change $\overline{\boldsymbol{v}}_{Q, R}$ as $\{\langle\dot{Q} \mid Q, R\rangle ;\langle\dot{R} \mid Q, R\rangle\}$. Note that if $\langle\dot{Q} \mid Q, R\rangle$ and $\langle\dot{R} \mid Q, R\rangle$ were multiplied by the joint probability $P(Q, R)$ it would be identical to the probability current $\mathscr{W}$ as used, for example, in Chevillard et al. (2008). In all our results $Q$ and $R$ have been normalized with $\tau_{\eta}^{2}$ and $\tau_{\eta}^{3}$, respectively. $\dot{Q}$ and $\dot{R}$ can


Figure 2. (a) $Q-R$ conditioned contour plots with $\log _{10}$ spacing of the relative variance $\widehat{\sigma}=\sigma_{v} /\left\|\overline{\boldsymbol{v}}_{Q, R}\right\|$. (b) $Q-R$ conditioned contour plots of $\left\|\left\langle\cos \left(\overline{\boldsymbol{v}}_{Q, R}, \boldsymbol{v}_{Q, R}\right)\right\rangle\right\|$.
be looked at as components of a velocity vector $\boldsymbol{v}_{Q, R}$ of the state of $A_{i j}$ in the $Q-R$ space. In figure $1(b)$ we plot the vector field and the contours of the magnitude of $\overline{\boldsymbol{v}}_{Q, R}$. From, for example, Martín et al. (1998) it is known that the conditional mean trajectories of $\boldsymbol{v}_{Q, R}$ circle in a clockwise direction around the origin. What is perhaps less well known and demonstrated here, is that $\left\|\overline{\boldsymbol{v}}_{Q, R}\right\|$ tends to very small values along the centreline of the 'tear drop' shape, which for $Q<0$ regions coincides with the so-called Vieillefosse tail (Vieillefosse 1982).

By defining a mean and a fluctuating part as $\boldsymbol{v}_{Q, R}=\overline{\boldsymbol{v}}_{Q, R}+\boldsymbol{v}_{Q, R}^{\prime}$, the variance of $\boldsymbol{v}_{Q, R}$ is $\sigma_{v}^{2}=\left\langle\left(\boldsymbol{v}_{Q, R}-\overline{\boldsymbol{v}}_{Q, R}\right)^{2}\right\rangle$. In figure 2(a) logarithmically spaced contours are shown for $\widehat{\sigma}=\sigma_{v} /\left\|\overline{\boldsymbol{v}}_{Q, R}\right\|$. We see that only in the relatively high speed regions, $\widehat{\sigma}$ drops to small values where $\left\|\overline{\boldsymbol{v}}_{Q, R}\right\|$ and $\left\|\boldsymbol{v}_{Q, R}\right\|$ are of similar order. Around the Vieillefosse tail however, $\left\|\boldsymbol{v}_{Q, R}\right\|$ is typically over an order of magnitude larger than $\left\|\overline{\boldsymbol{v}}_{Q, R}\right\|$. The same trend becomes apparent if we look at the low values of the mean cosine of the angle between $\overline{\boldsymbol{v}}_{Q, R}$ and $\boldsymbol{v}_{Q, R}$, shown in figure $2(b)$. On the one hand, it is not surprising that the cosine is far from unity, as it is clear that $\boldsymbol{v}_{Q, R}$ must have significant components normal to the iso-probability contours of the joint p.d.f. of $Q$ and $R$. Otherwise a fluid parcel with low gradients could not reach strong enstrophy or strain states as intermittently as it occurs in turbulence. We find that this alternation between low and high intensity states is quite intensive, since even the strongest mean alignment in the quadrant $Q>0$ and $R>0$ never exceeds an angle of $45^{\circ}$ and is very close to random alignment around the Vieillefosse tail.

## 4. Evolution in $\{Q ;-s s s ; \omega \omega s\}$ space

In this section the $\{Q ; R\}$ space is expanded to three dimensions so that the influence of strain and enstrophy production terms $-s_{i j} s_{j k} s_{k i}$ and $\omega_{i} \omega_{j} s_{i j}$ can be studied separately. For the analysis of the $\{Q ;-s s s ; \omega \omega s\}$ space a total of $106 \times 40 \times 40$ bins are used in a domain $\left\{\left[-0.8 \boldsymbol{e}_{1}, 0.8 \boldsymbol{e}_{1}\right],\left[-0.3 \boldsymbol{e}_{2}, 0.3 \boldsymbol{e}_{2}\right],\left[-0.3 \boldsymbol{e}_{3}, 0.3 \boldsymbol{e}_{3}\right]\right\}$. The norms of the $\boldsymbol{e}_{i}$ triplet in the three directions are equivalent to

$$
\left.\begin{array}{r}
\left\|\boldsymbol{e}_{1}\right\|=1 / 4\left(\omega^{2}-2 s^{2}\right),  \tag{4.1}\\
\left\|\boldsymbol{e}_{2}\right\|=-1 / 3 \sqrt{2} s_{i j} s_{j k} s_{k i} \\
\left\|\boldsymbol{e}_{3}\right\|=1 / 4 \sqrt{2} \omega_{i} \omega_{j} s_{i j} .
\end{array}\right\}
$$



Figure 3. Conditional mean trajectories (CMTs) of the evolution of $A_{i j}$ in the $\{Q ;-s s s ; \omega \omega s\}$ space are shown for two different views inside $V_{95 \%}$ represented by ribbons, with the arrows indicating the direction of the CMTs. The surface with the discriminant $D=27 / 4 \cdot R^{2}+Q^{3}=0$ is shown as a wire mesh. The view point of $(a)$ is chosen such that the envelope of the ribbons resemble the 'tear drop' shape and the clockwise cyclic evolution, known from the two-dimensional $Q-R$ representation. The three-dimensional view (b) reveals the cyclic evolution more clearly. All CMTs starting at the centre of a bin inside $V_{95 \%}$ from the $Q=0$ plane with $\dot{Q}>0$ are plotted (c) in the $\{-1 / 3 \sqrt{2} s s s ; Q\}$ plane and $(d)$ in the $\{1 / 4 \sqrt{2} \omega \omega s ; Q\}$ plane, for one complete cycle.

The pre-factors $\sqrt{2}$ for the production terms are used so that for the planar projection onto the $\{Q ; R\}$ space we have $\boldsymbol{e}_{2}-\boldsymbol{e}_{3}=\boldsymbol{e}_{R}$. This domain spans five times the averages of enstrophy (strain) and enstrophy (strain) production. Each bin that contains more than five entries is used to define a joint probability volume. We find that for our data $95 \%$ of all events fall into the volume represented by ribbons in figure $3(a, b)$ and it is henceforth referred to as $V_{95 \%}$. Similar to $\{Q ; R\}$ space (see Martín et al. 1998) we define the conditional mean rates of change for the $\{Q ;-s s s ; \omega \omega s\}$ space as

$$
\left.\begin{array}{r}
\overline{\boldsymbol{v}}_{Q}=\left\langle\left.\frac{D Q}{D t} \cdot \tau_{\eta}^{3} \right\rvert\, Q,-1 / 3 \sqrt{2} s s s, 1 / 4 \sqrt{2} \omega \omega s\right\rangle \\
\overline{\boldsymbol{v}}_{s s s}=\left\langle\left.\frac{D\left(-1 / 3 \sqrt{2} s_{i j} s_{j k} s_{k i}\right)}{D t} \cdot \tau_{\eta}^{4} \right\rvert\, Q,-1 / 3 \sqrt{2} s s s, 1 / 4 \sqrt{2} \omega \omega s\right\rangle  \tag{4.2}\\
\overline{\boldsymbol{v}}_{\omega \omega s}=\left\langle\left.\frac{D\left(1 / 4 \sqrt{2} \omega_{i} \omega_{j} s_{i j}\right)}{D t} \cdot \tau_{\eta}^{4} \right\rvert\, Q,-1 / 3 \sqrt{2} s s s, 1 / 4 \sqrt{2} \omega \omega s\right\rangle .
\end{array}\right\}
$$



Figure 4. (a) For each CMT shown in figure 3(c,d) the duration of one revolution is measured and plotted versus its initial distance from the origin $r_{0}$. The inset shows the ratio, $r_{0} / r_{2 \pi}$, between the distances from to origin before and after one complete cycle. (b) For the same CMTs the angular velocity $\mathrm{d} \theta / \mathrm{d} t \cdot \tau_{\eta}$ is plotted over the angle $\theta$ of the $\{1 / 4 \sqrt{2} \omega \omega s ; Q\}$ state. The dashed line is at $\left\langle\mathrm{d} \theta / \mathrm{d} t \cdot \tau_{\eta}\right\rangle=0.16$.

Analogously to the two-dimensional case, (4.2) represents the three components of a velocity vector $\boldsymbol{v}$ of $A_{i j}$ in the $\{Q ;-s s s ; \omega \omega s\}$ space. Like for $\{Q ; R\}, Q$ and the production terms are normalized with $\tau_{\eta}^{2}$ and $\tau_{\eta}^{3}$, respectively. To illustrate that the $Q-R$ plane is a projection of the $\{Q ;-s s s ; \omega \omega s\}$ space we show in figure $3(a)$ the evolution of conditional mean trajectories (CMTs) starting from the centre of each bin within $V_{95 \%}$ from a view point approximately perpendicular to the $Q-R$ plane, i.e. $\left\{Q \cdot \boldsymbol{e}_{1} ;\left[-1 / 3 \sqrt{2} s s s \cdot \boldsymbol{e}_{2}-1 / 4 \sqrt{2} \omega \omega s \cdot \boldsymbol{e}_{3}\right]\right\}$. The surface of $D=0$, with the discriminant $D=27 / 4 \cdot R^{2}+Q^{3}$, is rendered as a wire mesh. From this view point the well known clockwise evolution is evident in the enstrophy dominated regions where $Q>0$, while around the Vieillefosse tail the evolution is less clear. However, if the view point is moved such that it is facing almost the $Q-\omega \omega s$ plane (figure $3 b$ ), our first main result becomes much clearer: There is a pronounced anticlockwise cyclic evolution, with a rotation axis that is almost perpendicular to the $Q-R$ plane. This non-trivial cyclic evolution is one of the manifestations of the time irreversibility of turbulent flows, as reflected by other manifestations, such as positive net enstrophy and strain production and the $4 / 5$ Kolmogorov law. To better illustrate the characteristics of the CMTs, we show in figure $3(c, d)$ selected CMTs that start from the $Q=0$ plane with $\dot{Q}>0$ at the centre of each bin inside $V_{95 \%}$. The CMTs are integrated over one revolution until they cross again the $Q=0$ plane. Figure 3(c) shows how during vortex compression $(\omega \omega s<0$ and $-s s s \sim 0)$ all CMTs are attracted towards a very narrow region, before diverging again slightly in the strain dominated region $(Q<0)$. Figure 3(d) reveals how the CMTs spiral towards the origin. Summarizing, a typical cycle for all CMTs starts with enstrophy production ( $\omega \omega s>0$ ) often associated with strain production $(-s s s>0)$ leading to enstrophy dominated regions $(Q>0)$. This is followed by vortex compression $(\omega \omega s<0)$ while the CMTs reach strain dominated regions $(Q<0)$.

To quantify the cyclic evolution of $A_{i j}$ figure $4(a)$ reveals that complete revolutions of all CMTs shown in figure $3(c, d)$ have a duration of about $40 \tau_{\eta}$, regardless of $r_{0}$, the initial distance of a CMT from the origin. During one cycle the distance $r$ roughly diminishes by a factor of 5 , as seen in the inset of the same figure. The angular velocities, $\mathrm{d} \theta / \mathrm{d} t \cdot \tau_{\eta}$, of the CMTs are measured and plotted over the angle $\theta$, with $\tan (\theta)=Q /(1 / 4 \sqrt{2} \omega \omega s)$ (figure $4 b$ ). On average $\mathrm{d} \theta / \mathrm{d} t \cdot \tau_{\eta}=0.16$, which results in a


Figure 5. (a) CMTs of the RE contribution to the evolution of $A_{i j}$ inside the $V_{95} \%$ volume in the $\{Q ;-s s s ; \omega \omega s\}$ space. (b) CMTs of the $H_{i j}^{P}$ contribution to the evolution of $A_{i j}$ inside the $V_{95 \%}$ volume. The arrows are indicating the direction of the CMTs. (c) Projection of the $\overline{\boldsymbol{v}}^{P}$ field onto the $\{-1 / 3 \sqrt{2} s s s ; Q\}$ plane with iso-contours for its magnitude. (d) Same as (c) but projection onto the $\{1 / 4 \sqrt{2} \omega \omega s ; Q\}$ plane.
cycle duration of $2 \pi / 0.16 \simeq 39 \tau_{\eta}$ that is of the order of the integral time $T_{L} \simeq 60 \tau_{\eta}$. Without access to $A_{i j}$ dynamics at significantly higher Reynolds number it is not clear how the cycle duration is determined by $T_{L}$ and $\tau_{\eta}$, i.e. how it is affected by direct and bidirectional coupling between small and large scales. The good collapse of all curves at $\theta=\pi / 2$ and $3 \pi / 2$, where the CMTs reach their extreme values of positive and negative $Q$, is noteworthy.

Taking the gradient of the Navier-Stokes equation one obtains

$$
\begin{equation*}
\frac{D A_{i j}}{D t}=-A_{i k} A_{k j}-\frac{\partial^{2} p}{\partial x_{i} \partial x_{j}}+v \frac{\partial^{2} A_{i j}}{\partial x_{k} \partial x_{k}} . \tag{4.3}
\end{equation*}
$$

Using the incompressibility condition $A_{i i}=0$, the pressure is given by

$$
\begin{equation*}
A_{i k} A_{k i}=-\frac{\partial^{2} p}{\partial x_{i} \partial x_{i}} \tag{4.4}
\end{equation*}
$$

Subtracting (4.4) from (4.3) with the condition that the trace of the pressure term be zero produces

$$
\begin{equation*}
\frac{D A_{i j}}{D t}=-A_{i k} A_{k j}+A_{k m} A_{m k} \frac{\delta_{i j}}{3}-\frac{\partial^{2} p}{\partial x_{i} \partial x_{j}}+\frac{\partial^{2} p}{\partial x_{i} \partial x_{i}} \frac{\delta_{i j}}{3}+v \frac{\partial^{2} A_{i j}}{\partial x_{k} \partial x_{k}} . \tag{4.5}
\end{equation*}
$$

The first two terms of the right-hand side of (4.5) lead to the well-known RE solution (Cantwell 1992) in the $\{Q ; R\}$ space and the corresponding CMTs for $\boldsymbol{v}^{R E}$ in
three-dimensional space are shown in figure $5(a)$. The main characteristic of the RE trajectories is that they are not doomed to spiral and converge towards the origin, but that they escape and leave the volume at high strain and enstrophy production rates. As an interesting additional feature we observe that any CMT starting at $D>0$ first makes a looping, peaking at high enstrophy values, before reaching high production rates. We observed that adding the viscous term of (4.5) does hardly change the qualitative behaviour of the CMTs. The field $\overline{\boldsymbol{v}}^{\nu}$ of $\nu \nabla^{2} A_{i j}$ is relatively weak and is mainly pointing towards the origin (Chevillard et al. 2008 and own observations not shown herein).

Chevillard et al. (2008) studied the role of the deviatoric part of the pressure Hessian $H_{i j}^{P}$ and reported two main features. First, $H_{i j}^{P}$ is counteracting the effect induced by the RE term. Second, in the quadrant above the right Vieillefosse tail the directions of the CMTs are uncertain due to negligible magnitudes of $\bar{v}_{R, Q}^{p}$. The action of the deviatoric part of the pressure Hessian in the $\{Q ;-s s s ; \omega \omega s\}$ space is shown in figure $5(b)$. As expected, also in the three-dimensional representation the action of $H_{i j}^{P}$ is counteracting the RE contribution. Generally, the magnitude of $\overline{\boldsymbol{v}}^{p}$ increases with increasing $\|Q\|$ (figure $5 c, d$ ) and is maximal in high strain regions, where $H_{i j}^{P}$ counteracts strain production, as indicated by the lower arrow in figure $5(b)$ and as can be clearly seen in the projection of the $\overline{\boldsymbol{v}}^{P}$ field onto the $\{-1 / 3 \sqrt{2} s s s ; Q\}$ plane, rendered in figure $5(c)$. In high enstrophy regions $H_{i j}^{P}$ enhances enstrophy production and thereby counteracts the contribution of RE, figure $5(d)$. Again, adding to $H_{i j}^{P}$ the viscous term does not change the qualitative picture. This comprises our second main result: For the dynamics of $A_{i j}$ the deviatoric non-local part of the pressure Hessian and not the viscous term is predominantly counteracting the RE dynamics. In addition, we note that unlike the trajectories in $\{Q ; R\}$ space, the CMTs of $\overline{\boldsymbol{v}}^{p}$ are quite ordered in three dimensions. The main features are that from the alignment with the $\boldsymbol{e}_{3}(\omega \omega s)$ axis at high $Q$ (figure $5 d$ ) the CMTs tend towards negative $Q$ while turning $270^{\circ}$ at very low magnitudes of $\overline{\boldsymbol{v}}^{p}$ (see grey arrow in figure $5 b$ ) to align with the $-\boldsymbol{e}_{2}$ (sss) axis moving towards strain destruction (figure $5 c$ ). The combined influence of RE and $H_{i j}^{P}$, the evolution of the inviscid CMTs, is shown in figure $6(a)$ and reveals a clear pattern. In contrast to the RE dynamics the cyclic evolution is now present, but the CMTs are spiralling away from the origin. Especially at high production rates of either strain or enstrophy the CMTs leave $V_{95 \%}$ more or less at a normal angle. In $Q>0$ regions $H_{i j}^{P}$ attenuates a too strongly converging spiralling motion of RE, while in $Q<0$ regions $H_{i j}^{P}$ fully counteracts the RE field.

Finally, we investigate in more detail the variance $\widehat{\sigma}^{2}$. We remind that it has to be the variance that shuffles among low- and high-intensity $A_{i j}$ events, as the CMTs themselves simply spiral towards low values of $Q$, sss and $\omega \omega s$. In particular, we ask whether the main contribution to $\widehat{\sigma}^{2}$ stems from $H_{i j}^{P}$ or from $\nu \nabla^{2} A_{i j}$. Because during our analysis we observed that the $\|\langle\cos (\overline{\boldsymbol{v}}, \boldsymbol{v})\rangle\|$ and the variance $\widehat{\sigma}$ commute very closely, in figure $6(b-d)$ we show for this purpose the contours of averaged conditioned cosines projected onto the $\{\omega \omega s ; Q\}$ plane. In figure $6(b)$ the inviscid case is shown. In regions with $\|Q\|>0.2$ the values are typically above 0.7 and are approaching unity where $\overline{\boldsymbol{v}}^{P}$ is highest. Since the variance of the RE term is zero by definition, we conclude that in those regions the influence of $H_{i j}^{P}$ leads only to a relatively small variance. If the evolution of the non-local $H_{i j}^{P}$ term has a vanishing variance then closures that are based only on the position in the $\{Q ;-s s s ; \omega \omega s\}$ space should be possible. Contrarily, the viscous term that is rendered in figure 6 (c) is fluctuating more intensively. The average alignment between $\overline{\boldsymbol{v}}$ and $\boldsymbol{v}$ never exceeds


Figure 6. (a) Spiralling CMTs, arrows indicating the direction, of the inviscid contribution to the evolution of $A_{i j}$ inside the $V_{95} \%$ volume. Contours in the $\{1 / 4 \sqrt{2} \omega \omega s ; Q\}$ plane of conditioned average cosines between the fields of mean $\overline{\boldsymbol{v}}$ and instantaneous $\boldsymbol{v}$ evolution of $A_{i j}$ is shown for the inviscid field in (b), the viscous field in (c) and for the total field in (d).
$45^{\circ}$. From this we conclude, as a third result, that the viscous term is more important than $H_{i j}^{P}$ for alternating between low and high intensity $A_{i j}$ events. The combined outcome for $\|\langle\cos (\overline{\boldsymbol{v}}, \boldsymbol{v})\rangle\|$ of all terms of (4.5) is shown in figure $6(d)$. Except for vortex compressing regions, where $\omega_{i} \omega_{j} s_{i j}<0$ and $\dot{Q}<0$ and which occupy about one third of the fluid flow volume, the alignment between $\boldsymbol{v}$ and $\overline{\boldsymbol{v}}$ is quite weak, for example, a typical angle is in the range of $10^{\circ}-30^{\circ}$. However, as compared to the alignment of $\boldsymbol{v}_{Q, R}-\overline{\boldsymbol{v}}_{Q, R}$ in the $\{Q ; R\}$ space shown in figure $2(b)$ the alignment is typically stronger.

## 5. Summary and conclusion

To improve fundamental understanding of the dynamics of the velocity gradient tensor $A_{i j}$ we have expanded the two-dimensional $\{Q ; R\}$ space to a three-dimensional $\{Q ;-s s s ; \omega \omega s\}$ space. Analysing a numerical data set of isotropic turbulence at $R e_{\lambda} \sim 434$, provided by JHU turbulence database, we demonstrate that in the threedimensional space there exists a strong cyclic evolution of the $A_{i j}$ state. The cycle is oriented almost perpendicular to the $Q-R$ plane and successively encounters high enstrophy/strain production events, enstrophy dominated regions, vortex compression events and strain dominated regions. The duration for one complete cycle is about $40 \tau_{\eta} \sim O\left(T_{L}\right)$. Future investigations at higher $R e$ number will show how this is affected by bi-directional coupling of small and large scales, which is the main and outstanding manifestation of non-locality (see Tsinober 2001).

Looking separately at the influences of the RE, the deviatoric part of the pressure Hessian $H_{i j}^{P}$ and the viscous term $\nu \nabla^{2} A_{i j}$, two additional observations can be made. First, we find that it is primarily the term $H_{i j}^{P}$ that is responsible for counteracting the RE dynamics. This is not in conflict with Tsinober, Ortenberg \& Shtilman (1999), who find that in regions of high strain the pressure Hessian even enhances the growth of stretching. The difference to $\partial^{2} p /\left(\partial x_{i} \partial x_{j}\right)$ is that $H_{i j}^{P}$ is deviatoric. Closer analysis showed that the non-local part of the pressure Hessian counteracts RE dynamics, while the local part enhances it. In future work this will be investigated in more detail.

Second, it appears that the viscous term plays the leading role for the variance of the $A_{i j}$ evolution. We note that without such a variance, low and high intensity $A_{i j}$ events would not be alternating as quickly as it is observed in turbulent flows, because then any $A_{i j}$ state could evolve only along its CMTs, which are spiralling slowly towards low gradient events. The active behaviour of the viscous term reflects that it is not just a simple damping term for the inviscid dynamics of $A_{i j}$, i.e. that it is more active than usually thought.

We conclude by observing that the non-locality plays a crucial role for the evolution of the velocity gradients. This comprises a fundamental challenge for any closure based on local and Lagrangian history information and generally for a more complete comprehension of the $A_{i j}$ dynamics. Our results indicate that closures for $H_{i j}^{P}$ that are linked to the position in the $\{Q ;-s s s, \omega \omega s\}$ space should be possible. As a benchmark we propose the strong qualitative property that $\overline{\boldsymbol{v}}^{P}$ is aligned with $\boldsymbol{e}_{3}$, along $\omega \omega s$, for $Q>0$ and with $-\boldsymbol{e}_{2}$, along $s s s$, for $Q<0$.

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